



2023 Annual Report



Overview

With each passing year of the ministry of Healthy Women, Healthy Liberia, we are overjoyed to see the many ways God has been at work through our staff, volunteers and you, our donors, to improve the lives of our Liberian friends.

We are entering our 13th year since the founding of The Foundation for Restoring Women's Health to Liberia as a 501(c)(3) nonprofit. We do business as Healthy Women, Healthy Liberia (HWHL) so that name may be more familiar to you. In 2023 our clinic was renamed from the Waterfield Primary Healthcare Center to the Waterfield Medical Center reflecting our expanded offering of medical services.

In addition to primary preventive medical care and prenatal care, a lab, a pharmacy, an ultrasound, a full dental suite, an eye care center, an electrocardiogram machine and a canteen. Our Maternity Center has been dedicated and opened this year and our Surgical Center will become operational in 2024. Healthcare services are not limited to within the walls of Waterfield Medical Center as our team of 12 Community Health Workers now reach 61 communities surrounding Kakata with health and hygiene education, vitamin and worm medication distribution, blood pressure checks, referrals and more.

From the beginning our vision remained constant: To transform communities using community-based healthcare models for medical, vision and dental care through education and services primarily focused on women and children. In 2024 we look forward to moving beyond these foundational goals with expanded maternity and surgical services improving the quality of lives in Liberia. Celebrate with us as we review last year's milestones and our plans for the future.

Dr. Hena's 1st clinic in her yard in 2012



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2023 Highlights

First Quarter

- In January we were honored to host former Liberian President and Nobel Peace Prize recipient, Madam Ellen Johnson Sirleaf at Waterfield Medical Center. Madam Sirleaf toured the construction of the new Surgical and Maternity Centers with Dr. Hena and had an opportunity to [interact with our Community Health Workers](#). At 84, but she's still going strong making a difference for women in Africa and around the world through the [Ellen Johnson Sirleaf Presidential Center for Women and Development](#).
- Members of HWHL's Board of Directors who were visiting Waterfield had the opportunity to participate in the annual New Year's outreach where over 1,000 children were fed and received gifts of shoes, clothing and books.



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- [Mobility Worldwide](#) provided 10 carts for assembly by WMC's staff and distribution by HWHL's Community Health Workers in the villages we serve. These carts will make an amazing difference in the lives of village residents who have limited mobility.



Second Quarter

- [Through These Hands](#) donated a truckload of medical equipment which was shipped to Liberia to begin stocking the Maternity Center addition.



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- A much-needed new kitchen has been constructed to provide food for the Waterfield Canteen which serves guests, patients and staff. See photos below of the old kitchen (left) and the new structure that replaces it (right)!



- Our Community Health Workers continue to reach out to the villages of Margibi County. Not only do they provide medical instruction and support, but recently they have been distributing books received from [Barrels of Love](#) to village schools and orphanages.



Third Quarter

- Dr. McNeil and his team from South Carolina visited Waterfield Medical Center in July. As our partners in the ministry of Healthy Women, Healthy Liberia, we love to have you come to Kakata to visit us. We want you to see first-hand what a difference HWHL is making in the lives of our brothers and sisters in Margibi County. Medical teams are always welcome, but it's not necessary to have a medical background-- just come and see. Your lives will be changed.



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- Over 1,000 children were fed and received gifts of clothing and books at this year's Liberian Independence Day Outreach!



Fourth Quarter

- In October the new Medical Center was dedicated and we were thrilled to welcome our first Waterfield Medical Center baby, a beautiful girl, Marethtur F. Queemelynee, born on October 16th. Since then, another 16 babies have been born at Waterfield.



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- Healthy Women, Healthy Liberia was honored to have been named a "Top Rated Nonprofit" for 2023 by GreatNonprofits. [Have a look at what reviewers are saying about us.](#)



- On November 18th, a large quantity of medical supplies and furnishings donated by [Through These Hands](#) were packed by volunteers from [Asbury](#) Church and shipped to Liberia for Waterfield Medical Center.

Testimonials

- In 2023 we began posting testimonials from Waterfield patients so you, our mission partners, can hear first-hand the experiences of our Waterfield patients. Take a moment to listen to [Bill's testimony](#) and [Helena's testimony](#).



Community Health Workers teaching villagers.

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2023 Statistics

Community Health Workers (CHWs) Statistics

- Villages & Towns visited: 61
- Number of people seen for health education: 84,415
- Clients receiving Vitamin A 100,000 IU: 238
- Clients receiving Vitamin A 200,000 IU: 2,677
- Pregnant women served prenatal vitamins: 579
- Albendazole worm tablet distribution: 28,337
- Distributed:
 - Wheelchairs: 13
 - Canes: 20
 - Diapers: 135
 - Clothes: 1,705
 - Books: 4,433
 - Flipflops: 87

Clinic Statistics

- Clinic Patients seen in 2023: 2,004
- Vision Center patients: 520
- Dental Outreach: 112
- Vaccinations: 4,907
- Babies born in new Maternity Center: 16
- Conditions most frequently treated:
 - Typhoid
 - Urinary Tract Infections
 - Anemia
 - Hypertension
 - Diabetes
 - Malaria
 - Upper Respiratory Infections
 - Peptic Ulcer Disease
 - Sexually Transmitted Infections





The Medical Director's Report, Dr. Christina Hena

Dear Friends,

Happy New Year to all of you. Wishing you all the best in 2024.

Philippians 3:13-14 became my favorite verses in 2023. There were many challenges, but I kept focus on this one thing: Forgetting the past and looking forward to what lies ahead. He truly is a faithful God.

Last year was an election year for Liberians. Thankfully, all went well without another war. We now have a new president and hoping that the lives of many will return to normal again soon.

Due to the elections, we treated fewer patients as compared to the years before. Many were running after the different candidates to see what they could get from them for free, even when their blood pressure went very high. We had to suspend our weekly outreach to the communities, due to a very low turnout.

In October 2023, our Maternity department was officially opened to the public. There were friends from Monrovia and Kakata that attended the dedication. It was a beautiful service and testimony of God's faithfulness to His people. Between October and December, we had 17 deliveries and 142 Antenatal care visits.

Our surgical department is not functioning at the moment. We are searching for a good surgeon and an anesthetist that will be willing to live and work in Kakata. Please join us in praying for strong candidates.

Our favorite activities took place in December. We were able to serve 1,180 kids at our Christmas party for them. All the kids looked forward to that special day. They were so anxious for this semiannual event that they were at my home by 8:00 am instead of 12:00 pm as scheduled. We shared the Gospel of Jesus Christ with them, food, drinks, clothes, flip-flops, books, etc. They are already asking when the next one will be.

As usual, we always have a year-end party for our staff. Instead of coming together to cook, each person cooked their favorite dish at home and brought it to the gathering. It was pretty cool to experience our first staff potluck. We all got to taste different dishes.

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On behalf of Waterfield Medical Center, I would like to extend our special thanks and appreciation to all of you for your generous support for all that you do for the Liberian people. Your generous gifts to feed the kids, the staff, all the medical supplies, college fees, worm tablets, vitamins, etc. None of what we do here would have been done without you. With a grateful heart and thanksgiving unto the Lord, I say thanks again for everything.

In Him,
Dr. Chris Hena
HWHL Medical Director





Financial Report

Income for HWHL operations comes from three sources: churches (39%), individuals (36%) and income generated by WPHCC (24%). Our total income for 2023 was \$114,274. Our goal is still to have Waterfield Medical Clinic move toward self-sufficiency with nominal fees charged for services for those who are able to pay. Income generated by Waterfield Medical Center in 2023 was US\$28,663. The HWHL Financial Statement for 2023 is available upon request.





Ministry Partners

We gratefully acknowledge our HWHL Ministry Partners who have supported our ministry in 2023.

[Hands of Hope Foundation](#) under the leadership of Rev. Dr. Troy D. Benitone, has led many surgical teams to Liberia to work with HWHL and will be instrumental in providing medical equipment for the new Maternity/Surgical Addition.

[Mobility Worldwide](#) began supplying three-wheel hand-cranked mobility carts to HWHL in 2023 that allow people in developing nations with mobility issues to go where ordinary wheelchairs won't go.

[Through These Hands](#) (*TTH*) is a nonprofit organization that acquires and distributes medical and non-medical supplies to developing countries through other nonprofit organizations. TTH provided equipment and supplies shipped in March, July and November of 2023

[Vitamin Angels](#) prenatal and children's vitamins were distributed to 37 communities.

The Waterfield Family provided major funding for our 2006 clinic and now has funded our new Maternity/Surgical Addition which was constructed in 2022 and opened in 2023.

[The Worm Project](#) is a global initiative that strives to relieve the suffering of millions of children. HWHL's Community Health Workers distributed worm tablets in 37 communities.

We appreciate all our *Partner Churches* and give special recognition to these congregations with donations of \$2,000 or more in 2023.

- **[Christ United Methodist Church](#)**, Memphis, TN
- **[First United Methodist Church](#)**, Richardson, TX
- **[Asbury United Methodist Church](#)**, Allentown, PA
- **[Mountain Sky Conference](#)**, Centennial, CO
- **[First United Methodist Church](#)**, Stillwater, OK
- **[Clemson United Methodist Church](#)**, Clemson, SC
- **[Ferris Heights United Methodist Church](#)**, Waxahachie, TX

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Board of Directors

At the end of 2023, our dedicated Vice President, Suzie Lyons and Director, Joy Anderson rotated off the Board at the completion of their terms.

2023	2024
Stan Harding, President	Stan Harding, President
Suzie Lyons, Vice President	<i>Open Position</i> , Vice President
<i>Open Position</i> , Treasurer	<i>Open Position</i> , Treasurer
Dick McCreight, Secretary	Dick McCreight, Secretary
Dr. Judith McDonald, Medical Liaison	Dr. Judith McDonald, Medical Liaison
Petherree Nissley, Social Media	Petherree Nissley, Social Media
Rev. Jerome Kennedy, The Worm Project	Rev. Dr. Richard Stryker, The Worm Project
<i>Open Position</i>	Linda Baker
Munah Tarpeh	Munah Tarpeh
Joy Anderson	Carmel Turek
Trinida Kollie-Jones	Trinida Kollie-Jones
<i>Open Position</i>	Robert Parker



Community Health Worker dispensing worm tablets



President's Forecast for 2024

This is our 13th year of operation as Healthy Women, Healthy Liberia. God has been so faithful to us in the past that we expect great things this year. We pray that we can keep



in step with him, so that he can accomplish all he desires through us. The community health workers will continue to work toward transforming communities by using community-based healthcare models focused on the health and wellbeing of women and their families. This year marks the completion of our new surgery and maternity centers and we are thrilled that babies are now being delivered at Waterfield. With around-the-clock patients, the new centers will require increased staffing and higher levels of care. This increases several aspects of services, including accounting. We anticipate achieving those changes this year, but know a lot of work is ahead.

Even before we've been ready to utilize the new building space, surgery, dental, and vision professionals forming multiple teams have voiced commitments to come. It's exciting to know people are ready to bless those living in Margibi County. It's our goal and prayer that the new surgery center will come online soon with visiting teams and be utilized to make a long-term change in the quality of health for Kakata and the extended area.

This year we expect to see hundreds of surgeries, and many others receiving eye, dental, and medical care. The staff have also received and assembled the first shipment of personal conveyance devices that will impact the lives of those who otherwise aren't mobile. We expect to assemble and deploy many more in 2024.

Pray that God continues to put the poor in Liberia on the hearts of medical professionals, donors, and others willing to serve. It's also our desire to introduce Jesus with those we serve who don't know him. Please pray for opportunities, wisdom, and zeal to make the most of every opportunity.

To our mission partners, we sincerely thank you for your ongoing support of Healthy Women, Healthy Liberia. We are honored to team with you in answering Christ's call to love our neighbors everywhere.

Stan Harding
President of the Board of Directors
Healthy Women, Healthy Liberia