



2022 Annual Report



Overview

We are excited to see where God leads us as we begin our 12th year since the founding of The Foundation for Restoring Women's Health to Liberia as a 501(c)(3) nonprofit. We do business as Healthy Women, Healthy Liberia (HWHL) so that name may be more familiar to you. We thank God for you, our mission partners, the leadership of our Medical Director Dr. Christina Hena and her dedicated staff. Services provided in 2022 at our Waterfield Primary Healthcare Center (WPHCC) in Kakata, Margibi County Liberia continued to expand and now include primary preventive medical care, prenatal care, a lab, a pharmacy, an ultrasound, a full dental suite, an eye care center, an electrocardiogram machine and a canteen. We're also grateful for the work our team of 12 Community Health Workers (CHWs) who reach 33 communities surrounding Kakata with health and hygiene education, vitamin and worm medication distribution, blood pressure checks, referrals and more. From the beginning our vision remained constant: To transform communities using community-based healthcare models for medical and dental care through education and services primarily focused on women and children. In 2023, however, we will be moving beyond primary care with the opening of our new surgical and maternity addition, and our clinic will be renamed Waterfield Medical Center.



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2022 Highlights

First Quarter

- Construction began on the new Maternity/Surgical addition at Waterfield. This addition was made possible through funding provided by Mrs. Waterfield and the Waterfield family.
- Dr. Chris Hena was interviewed by Pastor Troy Benitone of [Hands of Hope](#) on his On the Dock video



program. In this five-part series, Dr. Hena and Pastor Benitone discussed how HWHL's partnership with Hands of Hope Foundation grew and expanded through the years to provide medical and surgical aid to the people of Liberia. Dr. Hena also shared stories of growing up in rural Liberia and how her work since returning home has empowered and transformed the community. We'd highly recommend watching these videos on you own or with your small group or Sunday school class to learn how your partnership with HWHL has changed and continues to change Liberian health care.

- [Video Part 1](#): Learn about Dr. Chris Hena who is the Medical Director of Healthy Women, Healthy Liberia. Join us as we get to know Dr. Hena and hear her incredible story of the forming of this ministry in Liberia.
- [Video Part 2](#): Discover how Hands of Hope connected with Dr. Hena. The partnership has grown and expanded through the years to provide medical and surgical aid to the people of Liberia.
- [Video Part 3](#): Dr. Chris Hena shares with us her story from growing up in rural Liberia to directing an amazing medical practice that provides wellness and therapeutic care. Not only has Dr. Hena treated families, she has enabled and inspired others to aspire to great things and care for their local communities.
- [Video Part 4](#): Dr. Chris Hena's story is mesmerizing. Her journey from childhood to Medical Director of Healthy Women, Healthy Liberia is a true inspiration.
- [Video Part 5](#): "The more I depend on Him (Jesus Christ), the more I see results." This quote from the previous episode encompasses Dr. Hena's ministry journey and inspires us to lean into God and see what He will do through us.

HWHL ANNUAL REPORT 2022



- HWHL's annual children's outreach took place on February 22nd with the feeding of over 1000 children and distribution of children's books from [Asbury Church's](#) 20th anniversary [Barrels of Love](#).



Second Quarter

- The replacement van from the US arrived; a 2015 with only 2,600 miles! This transportation is essential for HWHL's Community Health Workers who serve 90 villages in Margibi County. Take a moment to [view the celebration](#) on the van's arrival. Thanks to all our partners who contributed to the purchase of the van and its shipping.



- On June 4th [Through These Hands](#) donated a truckload of medical equipment which was shipped to Liberia to begin stocking the new clinic addition. Members of [Asbury Church](#) in Allentown, PA were on hand to pack.

HWHL ANNUAL REPORT 2022



Third Quarter

- On July 28th We were honored to host US Ambassador Michael McCarthy at HWHL. [Listen to his powerful message](#). "You all have created so much out of nothing. You're affecting real lives. You're making real changes." "I will tell people, not just in Monrovia, people in America that people like you really still exist and you do great things." "Keep up the good work. You are an inspiration."
- In August and September Dr. Megan Fields and her team came to Waterfield from Texas for a dental mission serving our neighbors in the greater Kakata community.
- What an honor to have [Leymah Gbowee](#), Nobel Laureate and author of *Mighty be our Powers*, visit our Waterfield Clinic in August. Leymah is best known for leading a nonviolent movement that brought together Christian and Muslim women to play a pivotal role in ending Liberia's devastating, fourteen-year civil war in 2003. Leymah (in the pink shirt) is pictured along with Dr. Hena and the Waterfield staff.



HWHL ANNUAL REPORT 2022



Fourth Quarter

- A medical outreach was held from November 8th to the 15th with doctors from the US, Nigeria and Ghana participating through Hands of Hope and CMDA Nigeria. The total number of patients seen during the outreach was 1850 with 127 General/OGBYN surgeries, 62 eye surgeries, 493 eye exams (176 pairs of glasses given out), 193 dental patients with 664 procedures, 544 laboratory services and 976 pharmacy services.



- On November 19th, a large quantity of medical supplies and furnishings donated by [Through These Hands](#) were packed by volunteers from [Asbury](#) Church and shipped to Liberia for the new clinic addition.



- In December volunteers traveled from Tennessee and Pennsylvania to join the construction team and HWHL staff to assist with the finish work on the maternity/surgical addition. In only 11 months the addition has gone from groundbreaking to completion of construction.





2022 Statistics

Community Health Workers (CHWs) Statistics

- Villages & Towns visited: 33
- Number of people seen for health education, treatment and referrals: 87,907 (14,609 Male, 31,175 Female, 42,123 Children)
- Patients receiving Vitamin A: 3,750
- Pregnant women served—Prenatal Vitamins: 3,216
- Worm tablet distribution: 61,890
- Numerous walkers, canes, crutches, wheelchairs were distributed

Clinic Statistics

- Clinic Patients seen in 2022: 3,189
- Vision Center Patients: 1,070
- Dental Outreach: 1,751
- Vaccinations: 2,486
- Conditions most frequently treated
 - Typhoid
 - Malaria
 - STIs
 - Upper Respiratory Illness
 - Hypertension



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The Medical Director's Report, Dr. Christina Hena

Every time I think of you, I give thanks to my God. Whenever I pray, I make my requests for all of you with joy, for you have been my partners in spreading the Good News about Christ from the time you first heard it until now. And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns. Here is a brief summary of my 2022 reflections for things at Waterfield Primary Healthcare Center. *Philippians 1: 3-6*

2022 was a very special year for the work that we do here at Waterfield. The Lord richly blessed us with resources to extend our facility with new Maternal and Surgical departments. We started the project on the 15th of Feb and major construction ended by Oct 2022. What a blessing; things happened without incidence.

Though These Hands—our US partner, provided all the necessary items we needed for our daily operations. We are indeed very grateful to all.

We were also blessed with a very new van for the clinic. The first and older van broke down and it affected our trips to the villages. So it was a real blessing to have a replacement.

We hosted a dental team from TX. They were able to serve patients needing dental care including our staff at the clinic. They also helped to work on our guest house. They made it beautiful and livable for all of future guests.

In November, we were able to host another large group from Nigeria and the US. They provided their own resources and were able to serve our people from all around the Margibi County. Some of the services provided included; dental, eyes, medical, surgical, laboratory and pharmaceuticals. All services were free for all the patients for the ten days they were here.

It is obvious that due to the economic hardships in Liberia, our clinic is experiencing a low patient load. Many are not able to pay for leaving their homes and coming to the clinic. Even though, we have taken a weekly outreach to their communities, they are still not able to pay for the services that we provide them. We are still experiencing the same challenges as we begin 2023. People are not able to pay for their health services. It is a daily struggle to even feed their families.

Other guests that visited our facility were of great encouragement to us. Ellen Johnson Sirleaf, former President of Liberia visited with us at the facility and enjoyed her time sharing and learning from us as well. She met some members from the board of HWHL. Her visit was not announced, so it was a pleasant surprise.



HWHL ANNUAL REPORT 2022



The US Ambassador to Liberia also visited to learn more about our work. Needless to say, he was very impressed with what he saw and thanked us for all that we do. He asked to be invited to the dedication of the Maternal and Surgical departments addition.

Margibi Senior Senator Emmanuel Nuequay visited with us. He was always willing to help us with his truck to transport our construction materials to the site. In addition to his truck, he also provided 89 chairs for both our old and new facilities.

At year's end we were able to feed 1,050 children from the various communities. They all received food along with different items, including shoes, socks, dresses, books etc. It was a real blessing to see how many showed up. Members of our board were able to work alongside the local staff to cook and served all those kids. It was beautiful

Thanks again for giving us the opportunity to serve our people here in Kakata. We look forward to serving again in 2023.

Please pray for us; we need new staff to join us in the surgical and maternal departments.

In Him,
Dr. Chris Hena, HWHL Medical Director





The President's Report, Stan Harding

If you have read our report up to this point, you know 2022 was an amazing year of blessing for HWHL. Last year I described the hopes and needs that we were praying for, such as a replacement van and funds to build a new surgery and maternity center. But as you can see, against all odds, both became a reality in 2022. Now we anticipate the installation of furnishings for the two new centers and the beginning of medical team visits of fully utilize what has been built. We also will need a surgeon and continue to search of a dentist to fill permanent positions. However, I praise God that medical teams are already waiting in anticipation to come and serve.

At the end of 2022 four board members, including myself, visited the Liberia to see the new facilities, meet staff, and get a better understanding of the ministry's needs. It was an incredible time with Dr. Hena and her staff. We were so encouraged from spending time with this very dedicated group of young men and women. Praise God for their commitment.

I was impressed with their willingness to sacrifice and work hard to accomplish things through a concerted effort. It was evident from their reports, that there are always hurdles in Liberia, and based on our short visit, it is a daily struggle. Regardless, Dr. Hena models a never give in or give up attitude and refuses to bend to the status quo. Although culture doesn't change overnight, we witnessed how Dr. Hena's reputation has spread across the government and the region. We also witnessed that her team operates differently than the norm.

I really believe that great things are yet in store for 2023. God is raising up a ministry to not only impact health care in Liberia but to raise up Christ followers. Could it be that this little band of believers would make a profound impact on the people of their region? I think so!

What can we say, except "Praise God", a good Father who is close to the sick, the poor, and the broken hearted. "Thank you" our brothers and sisters and faithful partners who continue to give sacrificially, allowing us to fund the day-to-day operations. We can't wait to see what lies in store. It really inspires me to serve wholeheartedly as we pray for the healing of the sick and redemption to the lost.

May you be blessed this year by a Good and Faithful Father!

Stan Harding, HWHL President



Financial Report

Income for HWHL operations comes from three sources: churches (26%), individuals (47%) and income generated by WPHCC (27%). Our total income for 2022 was \$406,709 with some \$230,000 designated for the new clinic addition and just over \$42,000 dedicated for the van purchase, shipping, and old van renovation. Our goal is still to have Waterfield Medical Clinic move toward self-sufficiency with nominal fees charged for services for those who are able to pay. Income for operations in 2022 was US\$134,280, up 3% from 2021. The HWHL Financial Statement for 2022 is available upon request.



Ministry Partners

We gratefully acknowledge our HWHL Ministry Partners who have supported our ministry in 2022.

[Hands of Hope Foundation](#) under the leadership of Rev. Dr. Troy D. Benitone, has led many surgical teams to Liberia to work with HWHL and will be instrumental in providing medical equipment for the new Maternity/Surgical Addition.

[Through These Hands](#) (*TTH*) is a nonprofit organization that acquires and distributes medical and non-medical supplies to developing countries through other nonprofit organizations. TTH provided equipment and supplies shipped in June and October of 2021. [Read more](#)

[The Worm Project](#) is a global initiative that strives to relieve the suffering of millions of children. HWHL's Community Health Workers distributed worm tablets in 37 communities.

[Vitamin Angels](#) prenatal and children's vitamins were distributed to 37 communities. [Read more](#)

The Waterfield Family provided major funding for our 2006 clinic and now has funded our new Maternity/Surgical Addition which was constructed in 2022.

We appreciate all our *Partner Churches* and give special recognition to these congregations with donations of \$2,000 or more in 2022.

- **[Christ United Methodist Church](#)**, Memphis, TN
- **[Asbury United Methodist Church](#)**, Allentown, PA
- **[First United Methodist Church](#)**, Stillwater, OK
- **[First United Methodist Church](#)**, Richmond, TX
- **[Mountain Sky Conference](#)**, Centennial, CO
- **[St. Andrews United Methodist Church](#)**, Milton, PA
- **[First United Methodist Church](#)**, Colorado Springs, CO
- **[Clemson United Methodist Church](#)**, Clemson, SC
- **[Eatonton First United Methodist Church](#)**, Eatonton, GA

HWHL ANNUAL REPORT 2022



Board of Directors

At the end of 2021, our dedicated Treasurer, Walter Shugart, rotated off the Board at the completion of his term and Suzie Lyons has assumed the position of Vice President of the Board of Directors.

2022	2023
Stan Harding, President	Stan Harding, President
Suzie Lyons, Vice President	Suzie Lyons, Vice President
<i>Open Position</i> , Treasurer	<i>Open Position</i> , Treasurer
Dick McCreight, Secretary	Dick McCreight, Secretary
Dr. Judith McDonald, Medical Liaison	Dr. Judith McDonald, Medical Liaison
Petheree Nissley, Social Media	Petheree Nissley, Social Media
Rev. Jerome Kennedy, The Worm Project	Rev. Jerome Kennedy, The Worm Project
Rev. Melinda McKonly	<i>Open Position</i>
Munah Tarpeh	Munah Tarpeh
Joy Anderson	Joy Anderson
Marcella Ruch, PhD	Trinida Kollie-Jones
Marwu Zaza	<i>Open Position</i>



Forecast for 2023

This is our 12th year of operation as Healthy Women, Healthy Liberia. God has been so faithful to us in the past that we expect great things this year. We pray that we can keep in step with him, so that he can accomplish all he desires through us. The community workers will continue to work towards transforming communities by using community-

based healthcare models focused on the health and wellbeing of women and their families.

This year marks the completion of our new surgery and maternity center, but there is still much to do in preparation for a higher level of service. With around-the-clock patients, the new centers will require increased staffing, higher levels of care, this increase several aspects of services, including accounting. We anticipate achieving those changes this year, but know a lot of work is ahead.



Even before we've been ready to utilize the new building space, surgery, dental, and vision professionals forming multiple teams have voiced commitments to come. It's exciting to know people are ready to bless those living in Margibi County. It's our goal and prayer that the two new centers will come on line soon and be utilized to make a long-term change in the quality of health for Kakata and the extended area.

This year we expect to see hundreds of surgeries, and many others receiving eye, dental, and medical care. The staff have also received and assembled the first shipment of personal conveyance devices that will impact the lives of those who otherwise aren't mobile. We expect to assemble and deploy many more in 2023.

Pray that God continues to put the poor in Liberia on the hearts of medical professionals, donors, and others willing to serve. It's also our desire to introduce Jesus with those we serve who don't know him. Please pray for opportunities, wisdom, and zeal to make the most of every opportunity.

To our mission partners, we sincerely thank you for your ongoing support of Healthy Women, Healthy Liberia. We are honored to team with you in answering Christ's call to love our neighbors everywhere.

Stan Harding
President of the Board of Directors
Healthy Women, Healthy Liberia