



2021 Annual Report

HWHL ANNUAL REPORT 2021



Overview

We are excited to see where God leads us as we begin our 11th year since the founding of The Foundation For Restoring Women's Health in Liberia as a 501(c)(3) nonprofit. We do business as Healthy Women, Healthy Liberia (HWHL) so that name may be more familiar to you. We thank God for you, our mission partners, and the leadership of our Medical Director Dr. Christina Hena MD and the founding members of our Board of Directors including cofounder Dr. Marcella Ruch PhD who remains on our current Board. Services at our Waterfield Primary Healthcare Center (WPHCC) in Kakata, Margibi County Liberia continue to expand and now include primary preventive medical care, prenatal care, a lab, a pharmacy, an ultrasound, a full dental suite, an eye care center, an electrocardiogram machine and a canteen. We're also grateful for the work our team of 12 Community Health Workers (CHWs) who reach 130 communities surrounding Kakata with health and hygiene education, vitamin and worm medication distribution, blood pressure checks and more. Throughout these years of growth our vision remains constant: To transform communities using community-based health care models for medical and dental care through education and services primarily focused on women and children.



HEALTHY WOMEN HEALTHY LIBERIA'S
**WATERFIELD PRIMARY
HEALTHCARE CENTER**

✓ DENTAL ✓ EYECARE ✓ LAB ✓ PHARMACY ✓ CANTEEN

✓ ULTRASOUND ✓ WOUND CARE ✓ VACCINATIONS ✓ EKG

AND MORE!

SERVICES

WWW.HEALTHYWOMENLIBERIA.ORG





2021 Highlights

First Quarter

- Our Eye Department opened with Dr. Joseph Kerkula, an ophthalmologist from Monrovia, seeing patients twice a month.
- The Ultrasound donated in 2020 by The Church of Jesus Christ of Latter-Day Saints is in weekly scheduled use. It is the only ultrasound available in Kakata.
- Mary Broh, former mayor of Monrovia and now General Director of Liberia's General Services Administration supplied 69+ (29 kg) bags of food for distribution at Waterfield.



- Dr. Hena began radio broadcasts four times a month to make Margibi County residents aware of our Healthcare Center and the services offered.
- The Twentieth Anniversary Barrels of Love was commemorated with the shipment of 12 barrels of books. Dr. Hena, who was a missionary in Kazakhstan at the time, and Connie Miller of Asbury UMC in Allentown, PA cofounded Barrels of Love in 2001 with a book drive for Liberian children.

Second Quarter

- Noëlle Elmore joined the HWHL team as a volunteer grant writer.
- A memo of understanding was signed with LV Prasad Eye Institute to operate the Waterfield eye clinic. LVPEI provides no-charge care to those who can't pay while other patients' fees cover the charity cases. Under LVPEI the Eye Clinic is open daily and staffed by an optometrist.



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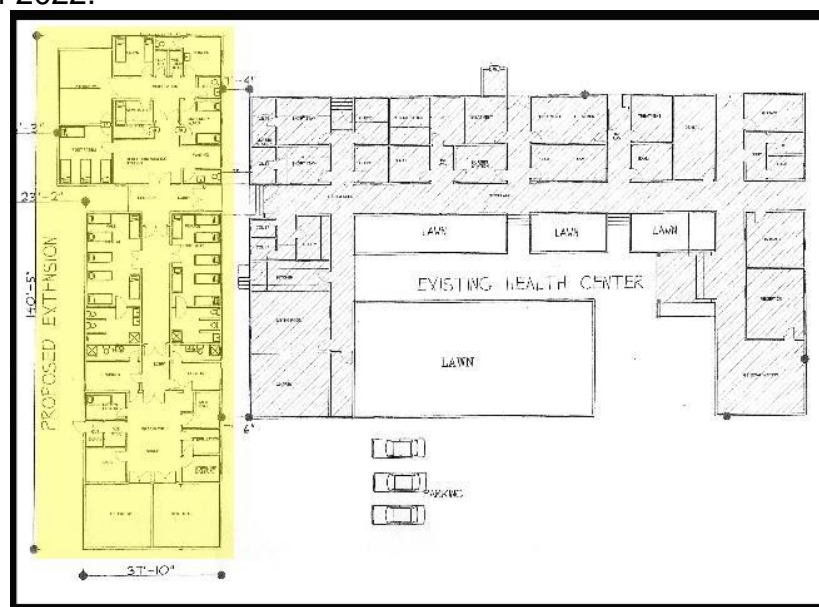
- In June 24,000 patients were given worm tablets and in addition, prenatal and children's vitamins were distributed.
- The van used by our Community Health Workers to reach 130 villages around Kakata broke down impacting our ability to reach outlying communities.
- CH Rennie Government Hospital in Margibi County burned on August 15th. HWHL was called to action to help with patients displaced by the fire.

Third Quarter

- An OBGYN doctor from Monrovia, Dr. Sovich Karmorh, began volunteering at Waterfield every Thursday and running the ultrasound. She has also volunteered to fill in for Dr. Chris when she is traveling.
- LV Prasad Eye Institute Liberia was able to provide eye care training to the staff at our Waterfield Primary Healthcare Center.

Fourth Quarter

- A 2015 Chevy van with only 2,600 miles(!) was located and purchased. The van will ship to Liberia for use by our Community Health Workers in the first Quarter of 2022.
- The Waterfield family has graciously stepped forward to fully fund construction of the New Maternity/Surgical addition at HWHL. According to the UNICEF report on "Child, Maternal and Newborn Health", Liberia has one of the world's highest rates of maternal mortality. One out of every ten women dies while pregnant, giving birth to their babies or in the aftermath of delivery. Construction of this life-saving addition to our clinic will begin in the first quarter of 2022.



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- HWHL coordinated the shipment of 236 boxes of medical supplies, hospital beds, walkers, wheelchairs and more from [Through These Hands](#) to help the CH Rennie regional hospital get reopened and serving Margibi County residents again.

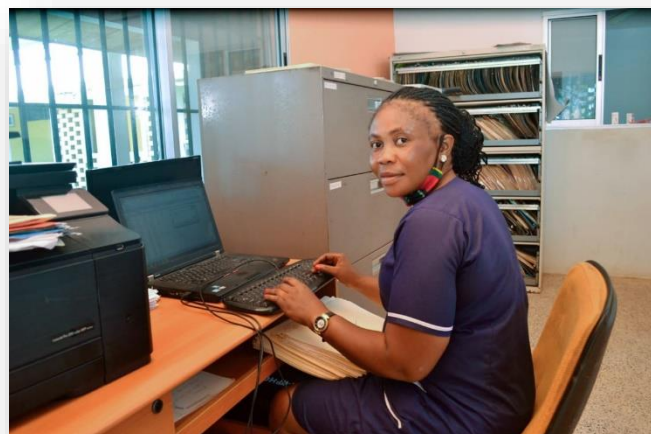
Community Health Workers (CHWs) Statistics

- Villages & Towns visited: 130 (up by 94 in 2021)
- Number of people seen for health education, treatment and referrals: 43,894
- Patients receiving Vitamin A: 3764
- Pregnant women served: 1458
- Worm tablet distribution: 62,887
- Numerous walkers, canes, crutches, wheelchairs were distributed



Patient Statistics

- Clinic Patients seen in 2021: 7,481
- Vision Center Patients: 600
- Vaccinations:
 - Children vaccinated for childhood infectious diseases: 4,676
 - Women vaccinated against tetanus and diphtheria: 2,004
 - 9 year old girls vaccinated against HPV: 402
- Conditions most frequently treated
 - Typhoid
 - Malaria
 - STIs
 - Upper Respiratory Illness
 - Hypertension





The Medical Director's Report, Dr. Christina Hena

The Faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness, his mercies begin afresh each morning. Lamentations 3: 22-23.

As 2021 came to an end, I was reminded of the countless blessings that I received during the year, and throughout my life in Christ. Sharing some of the experiences is a great joy and honor. Thank you for being a part of these experiences.

During the year, we were able to serve 94 new villages and towns. That was in addition to our already 36 communities in and around Kakata. Not sure how we did it... travelling to very remote villages, but we did it faithfully daily. Even though we have experienced reduction in most of the health challenges that we had to deal with in our communities in and around Kakata, the 94 new villages became a huge challenge for us. We saw clients with high fevers, chills from malaria, fungus all over their bodies, scabies, tropical foot ulcers, anemia, stomach full of worms and dire poverty etc. The roads were deplorable, and sometimes we had to park the van and walk into the villages with our items in hands or on our heads...the African way. Needless to say, many were very appreciative to see us in their villages. We were also very excited to be there with them...sharing our knowledge and the love of Christ.

Many asked about the situation with COVID 19. In our area, it was not a challenge. However, in Monrovia, I learned that there were some cases of the delta variant earlier. I lost a dear friend in Monrovia to the virus. As compared to what the rest of the world experienced, our cases were less. We are still thanking the Lord and praying for others around the world.

Teen pregnancies remains a huge challenge for us. Even though access to family planning and different methods were available, many are still refusing to have anything to do with family planning. Our direct health education and promotion interventions were explained to many. However due to their strong traditions, it is going to take a long time for us to see results or reduction in the number of cases.

Eyes conditions...also became a challenge. Many are blind due to a lack of treatment and proper diagnosis, but we were able to treat some eye conditions in the villages, and referred the most difficult cases to our facility in Kakata, where our Vision Center took care of them and referred others to JFK hospital in Monrovia.

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The socio-political climate in our area is just about the same as it was the year before. We still had shortages of gas and other essentials for daily living. The prices of local foods are very high. As a result of the unstable situation, the crime rate is soaring in and around Kakata. I am positive the situation is worst in Monrovia.

For the past several years, we were able to feed community kids. We started very small, but served more than 1000 kids the year before. We were not able to serve the kids for Christmas 2021 or New Years. Thankfully, we are planning on cooking for more than a 1000 kids in February 2022. We have arranged for the police to help us with order so that it can be a fun time etc. Please join us in praying that all goes well. People are desperate and so, we have to be very careful.

On behalf of Waterfield staff, our 130 communities and villages that we serve faithfully daily, I would like to say a big thanks to all of you for your many blessings, prayers and generous gifts. You have all served with us in the field through your commitment and love for our people here. I wish you all a very special New Year in 2022.

Dr. Chris Hena, HWHL Medical Director





The President's Report, Stan Harding

It has been a truly remarkable year. While our hopes to see new additions built at the clinic continued, other events made us question if it was just not God's timing. For one, funding was tight and COVID was obviously putting a strain on many donors. By September, our primary passenger van sustained a major engine failure and the local mechanics, with their limited resources, were unable to get the correct parts or repair it. Secondly, the CH Rennie Government hospital in Kakata burned to the ground, adding additional strain to our Waterfield clinic. Meanwhile, Dr. Hena's team continued to serve faithfully with what they had. They endured hot, uncomfortable trips week after week so that the communities would keep receiving medical help and teaching. They also extended clinic hours by opening on Saturdays to "do their part" in generating revenue knowing that others were supporting their efforts under hardship. We are so proud of them for making unsolicited sacrifices. It's a testimony to Dr. Hena's impact on the HWHL staff culture. Praise God for her team.

With COVID still persistent, no plans for Dr. Hena's itineration were made, but Dr. Hena came to the U.S. for here annual medical visit. After several weeks in Memphis, she left for a few days to visit family and friends. During that brief travel, those she met committed to fund the new buildings and their furnishings. Meanwhile others provided funds for a new vehicle and refurbishing of the out of service vehicle.

The capital campaign we had planned and hoped for never happened. But God caused this miraculous outpouring instead. It is a very humbling position to be in. It makes everyone involved in HWHL so thankful. What can we say, except "Praise God", a good Father who is close to the sick and the needy. "Thank you" our brothers and sisters and faithful partners who continue to give sacrificially, allowing us to fund the day-to-day operations without employee cuts in a second year of pandemic. We can't wait to see the impact of what is coming. It has inspired us to serve whole heartedly as we pray for the healing of the sick and redemption to the lost.

May you be blessed this year by a Good and Faithful Father!

Stan Harding, HWHL President

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Financial Report

Income for HWHL comes primarily from three sources: churches (30%), individuals (40%) and income generated by WPHCC (30%). We were pleased to see WPHCC continue to move toward self-sufficiency with nominal fees charged for services for those who are able to pay. Income in 2021 was up 24% at US\$130,020 with expenses at US\$137,343 for a net loss of US\$7,327. The HWHL Financial Statement for 2021 is available upon request.

Charitable giving after age 70-1/2 made simple by the IRS

You & your charity can benefit from a Qualified Charitable Distribution!





Ministry Partners

We gratefully acknowledge our HWHL Ministry Partners who have supported our ministry in 2021.

[Through These Hands](#) (*TTH*) is a nonprofit organization that acquires and distributes medical and non-medical supplies to developing countries through other nonprofit organizations. TTH provided equipment and supplies shipped in June and October of 2021. [Read more](#)

[The Worm Project](#) is a global initiative that strives to relieve the suffering of millions of children. HWHL's Community Health Workers distributed worm tablets in 37 communities.

[Vitamin Angels](#) prenatal and children's vitamins were distributed to 37 communities. [Read more](#)

The Waterfield Family provided major funding for our 2006 clinic and now will be funding the new Maternity/Surgical Addition to be constructed in 2022.

We appreciate all our *Partner Churches* with special recognition to these congregations with donations exceeding \$2,000 in 2021.

- **[Christ United Methodist Church](#)**, Memphis, TN
- **[Asbury United Methodist Church](#)**, Allentown, PA
- **[First United Methodist Church](#)**, Richmond, TX
- **[First United Methodist Church](#)**, Stillwater, OK
- **[Clemson United Methodist Church](#)**, Clemson, SC
- **[Eatonton First United Methodist Church](#)**, Eatonton, GA

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Board of Directors

At the end of 2021, our dedicated Treasurer, Walter Shugart rotated off the Board at the completion of his term and Suzie Lyons has assumed the position of Vice President of the Board of Directors.

| 2021 | 2022 |
|---------------------------------------|---------------------------------------|
| Stan Harding, President | Stan Harding, President |
| Munah Tarpeh, Vice President | Suzie Lyons, Vice President |
| Walter Shugart, Treasurer | <i>Open Position</i> , Treasurer |
| Dick McCreight, Secretary | Dick McCreight, Secretary |
| Dr. Judith McDonald, Medical Liaison | Dr. Judith McDonald, Medical Liaison |
| Petheree Nissley | Petheree Nissley, Social Media |
| Rev. Jerome Kennedy, The Worm Project | Rev. Jerome Kennedy, The Worm Project |
| Rev. Melinda McKonly | Rev. Melinda McKonly |
| Suzie Lyons | Munah Tarpeh |
| Joy Anderson | Joy Anderson |
| Marcella Ruch, PhD | Marcella Ruch, PhD |
| Marwu Zaza | Marwu Zaza |



Forecast for 2022

We are looking forward to seeing what God does in our 11th year since the founding of Healthy Women, Healthy Liberia. We continue to work toward transforming communities using community-based healthcare models by focusing on the health and wellbeing of women and their families. In 2022, we have much to do, as we serve but also build and prepare for new areas of service. There are so many opportunities to be the hands and feet of Christ in Margibi County Liberia. We pray that we can keep in his will each step of the way, so that he can accomplish all he desires through HWHL. God has been so faithful; we can only be confident that more people will be served this year while sharing Christ's love through life-changing healthcare.

The extension of the pandemic impacted donations to HWHL from the US, but praise God, donors stepped up to the plate and met every need. The Eye Clinic, which was most a dream last year, has become such a blessing. More and more people are served every month and it's an incredible joy to hear how lives are being changed. The dental suite continues to be a challenge with limited dental personnel in Liberia. Dr. Hena is working diligently in seeking a solution to these staffing needs, but know that God has good in store. This is one area we will be praying for and reporting on as God provides every need.

Last year we stated that our most exciting opportunity was the plans for the addition of Maternity and Surgical facilities (which will nearly double the size of the Waterfield Clinic). Although we had plans, we didn't have funds or donors. This year we hope and pray that we can execute it all well, without stressing our medical director, Dr. Hena, beyond capacity. Please pray for her. She has a heavy load, wears many hats, and gives it her all.

To our mission partners, we sincerely thank you for your ongoing support of Healthy Women, Healthy Liberia. We are honored to team with you in answering Christ's call to love our neighbors everywhere.

Stan Harding
President of the Board of Directors
Healthy Women, Healthy Liberia