



# ANNUAL REPORT HEALTHY WOMEN, HEALTHY LIBERIA

FY 2018

*Promoting the health of the people and educate patients through  
Comprehensive, Sustainable, Community-based Primary Healthcare.*



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# 2018 PATIENT STATISTICS

## Overview for Our Donors:

**Jesus Christ** is the foundation upon which the Healthy Women Healthy Liberia's ministry operates in Liberia.

The **Foundation for Restoring Women's Healthcare** to Liberia is registered in Colorado, Delaware, and Liberia. Administrative operations are performed in both Liberia. and Colorado, USA. The organization is a registered 501 3c in the U.S and donations are tax exempt.

Initially, **Healthy Women, Healthy Liberia** (HWHL) is governed by a Board of Directors with membership spanning both the U.S.A and Liberia. The HWHL Board meets quarterly, one of which, constitutes an annual meeting. The last **Annual Retreat** took place on October 5-6, 2018 in Richardson, Texas, USA.

## WATERFIELD PRIMARY HEALTH CARE CENTER (WPHCC) SERVICES

The Center provides direct health care to patients in 36 villages it serves in Margibi County, Liberia. Designated staff members at WPHCC provide pre- and post-natal care, vaccinations and cold chain management, out patient management, laboratory and pharmacy services. The staff also provides **Health Education** on a variety of topics:

- Disease prevention, basic hygiene and hand washing instruction
- How to build dish racks to keep dishes out of the dirt.
- Nutrition classes and food preparation instruction
- Signs and symptoms of typhoid and malaria and treatment
- How to prevent diarrhea and subsequent treatment
- How to prevent worms and subsequent treatment
- Family planning and birth control instruction
- Mother to Mother classes
- Diabetes, heart disease, and prenatal education and treatment



# 2018 PATIENT STATISTICS

## Construction/strategic Update (Dental Clinic)

HWHL began to construct a **Dental Room** at WPHCC in Kakata in 2018 to serve a people in great need of dental services – to be completed in 2019.

Dr. Duane Spaulding, a former HWHL Board member and now currently on the Advisory Board, is coordinating the efforts with C.U.R.E. to establish a dental clinic. Project C.U.R.E will install the equipment, with the understanding that training of local staff be factored into their installation process.

Dr. Chris Hena is currently searching for dentists to provide dental care and considering the possibility of dentists serving on a rotational basis.



HWHL was given a \$15,000 grant from Methodist Hospital in Memphis to set up the dental clinic and/or to provide initial salaries.

## 2017: To Refresh Your Memory:

**President of Liberia**, Ellen Johnson Sirleaf, attended the 2nd dedication of WPHCC in September 2017. This 2017 dedication included the Laboratory, Telemedicine Department and the Dental Room.

**The Laboratory** was in use right after the dedication and functions under the rules and regulations set by the Liberian government. Currently WPHCC has everything needed for the lab, other than a new ultrasound.

**Playground:** Dr. Hena informed the broad that Kids International furnished the playground with equipment and the playground opened Christmas 2017.

**Note:** From 2012, a clinic was opened in Dr. Hena's home until October 2017, when the Waterfield Primary Care Clinic opened in Kakata and all of the services offered were free.

# 2018 PATIENT STATISTICS

## 2018 at a Glance:

- Dr. Chris participated in a medical services outreach to Weala, Liberia where she partnered with **Hands of Hope and the Weala UMC clinic**.
- Dr. Chris reported that she was working with **Vitamin Angels** in the US and Kenya. Two pallets of prenatal vitamins and vitamin E were received. Distribution of the vitamin E was done; in total, there were 17 boxes.
- **Lab equipment** from the Project C.U.R.E. was received thanks to efforts of Dr. Duane Spaulding, who also served as a founding member of HWHL for seven (7) years.
- The clinic now has a **vaccinator**. This service is free for the patients.
- Doug Nelson traveled to Liberia to work on the clinic **solar system** and **generator**.
- Monika Sannoh, COT, visited Liberia HWHL facilities in May 2018. She and two local health workers visited Cooper Farm School System and did **eye screening** of students from K-1 to 7th grades. Testing was also done on all of the teachers.
- In celebration of **Independence Day on July 26**, the clinic hosted a huge outreach. Tickets were sold for the event, as well as popcorn, donuts and candy. The event raised a total of \$27,905 LD (\$186 USD). The celebration was enjoyed by 500 children. Asbury United Methodist Church, Allentown, PA donated flip flops for the Festival.
- Two **Barrels of Love** shipments were donated to HWHL by **Asbury United Methodist Church**. Among the many items were clothing, personal items, cookware, utensils, china, furniture, electrical and plumbing parts, auto parts for the HWHL truck, multiple medical equipment and supplies, an oxygen concentrator, wheel chairs, walkers, commodes light fixtures, medical books, and many other items for the Center.



# 2018 PATIENT STATISTICS

## Special Projects:

**Canteen:** The canteen was established using a Grant from Christ UMC in Tennessee in the amount of \$5,000. The canteen has a small kitchen and is attached to the clinic. Dick McCreight, Board member, helped with supplying the appliances and tableware.

**Telemedicine Department:** A partnership with the **University of Virginia in Charlottesville, VA**, has been established to provide consultation opportunities with US doctors when a patient is diagnosed or requires a more specialized procedure.

**Pharmacy:** Drugs are obtained from Monrovia at wholesale prices and the Eye Care Department is run by Monica and Caleb.

**Ultrasound:** Dr. Hena reported that an ultrasound technician is needed to work at the clinic. Approximately 10 ultrasounds are done per week.

**Worm Conference:** Rev. Jerome Kennedy, Worm Project Director, shared his experience from the Worm Conference (Fall 2018). He explained that delegates came from Liberia, Haiti, Kenya and Ghana. Liberia has been a large part of the Worm project, and without the program, people would continue to perish from easy-to-cure health issues caused by worm infestations.

## Forecast for 2019:

The HWHL Board has cast a vision of strengthening and expanding partnership for the Waterfield Primary Healthcare Center (WPHCC). The demographics of people served in this region of Liberia live in poverty and at such, the overwhelming majority of the services provided to clients are offered at highly subsidized prices. However, HWHL believes in sustainability and this shall be the core driver of our vision in ensuring that the WPHCC can strive toward sustainability.

### Highlights of some of the services, which we are praying and working toward include:

- Boost clients and services for both specialized paying customers and those with limited capacity to pay
- Hiring of two Physician Assistants to support the work of the doctor
- Hire a pharmacist and two additional dispensers
- Long-term plan on creating a delivery ward
- Step up fundraising efforts
- Continual cultivation of strategic partnership alliances for technical exchange
- Training and personal development for staff
- Advocacy with local Liberia Government to secure subsidy

# 2018 PATIENT STATISTICS

## LOOKING AHEAD

We are looking forward to what God has planned for Healthy Women, Healthy Liberia in 2019. Thank you for your continued prayers and support!

Blessings,

Collated and written by Marwu Zaza, 2018 Annual Report Editor

Edited by: Nyamah Dunbar, HWHL Board President



# 2018 PATIENT STATISTICS

## 2018 Patient Statistics

Over the last year, HWHL has seen significant increases in the number of community members and patients who are receiving services through the HWHL clinic services as well as through our health education outreach visits.

### In 2018

- 3,271 total patients treated
- 25,445 patients de-wormed
- 25,445 community members reached through health education programs (deworming and vitamin education)





# 2018 FINANCIAL SUMMARY

## 2018 Financial Summary

HWHL has aimed to cultivate global partnerships with businesses, corporations, churches and individuals to support the vision and mission of Healthy Women, Healthy Liberia.

In 2012, clinic services were free, which opened in a small building in the yard of Dr. Hena's home. In 2017, the Center moved from free services to charged services as the construction of the WPHCC was completed and could house the clinical activities. This was a challenge at first, as reported by Dr. Hena, but patients are beginning to understand that the charge is necessary for the clinic operations. Patients are charged for everything including lab fees, medications, and medical procedures. The average bill per patient is \$100 LD (equivalent to \$0.62 USD) for children, \$150 LD (equivalent \$ 0.94 USD) for adults, \$210 - \$500 LD (equivalent \$ 1.30 - \$6.25 USD) for lab fees, and \$900 (\$5.62) for an ultrasound.

## 2018 FINANCIAL SUMMARY

| STATEMENT OF FINANCIAL POSITION                               | 2018             |
|---|------------------|
| <b>Net Assets</b>   | \$583,669        |
| <b>Liabilities</b>  | \$1,530          |
| <b>Equity</b>   | \$582,139        |
| <b>STATEMENT OF COMPREHENSIVE INCOME (PROFITS AND LOSSES)</b> |                  |
| <b>Income for Operations</b>                                  |                  |
| <b>Individuals and Churches</b>                               | \$110,473        |
| <b>Gifts in Kind</b>  | -0-              |
| <b>Total Income</b>   | <u>\$110,473</u> |
| <b>Expenses</b>   |                  |
| <b>Liberia Operations – Program Services</b>                  |                  |
| <b>Salary and Benefits</b>                                    | \$92,794         |
| <b>Clinic Operations</b>                                      | \$27,022         |
| <b>Total Liberia Operations</b>                               | <u>\$119,816</u> |
| <b>US Support – Fundraising, logistics</b>                    | <u>\$13,270</u>  |
| <b>Total Expenses</b>   | <u>\$133,086</u> |

# CONTACT INFORMATION

## Contact Information

Healthy Women, Healthy Liberia

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### HWHL Board of Directors

- Nyamah E. Dunbar, President
- Dick McCreight, Vice President
- Maxine Craig, Secretary
- Elizabeth West, Treasurer
- Marcella Ruch, PhD, Director, Vice President of Church Partnerships
- The Rev. Joy Anderson, Director
- Suzie Lyons, Partnership Cultivation
- Theo Kollie, PhD, Online Giving Chairman
- Marwu Zaza Director
- Duane Spaulding, MD, FACP

